

GPGF SS ALLERGEN MATRIX

Name	Celery	Crustacean	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Soybeans	Sulphur	Nuts	Almond	Brazil	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Cereals (Gluten)	Barley	Oats	Rye	Wheat	
Chips - Skinny SS	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Seasonal greens	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Coleslaw	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Mojoslaw	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Dressed Salad SS	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Mediterranean Giant Couscous	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y	
Sandwiches																											
Sandwich - 6X gold beer battered fish goujon, lettuce and tartare sauce SS	N	N	Y	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Sandwich - Creedy carver Chicken mayo BLT SS	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Sandwich - Honey glazed ham, English mustard SS	N	N	N	N	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y	
Sandwich - Houmous, roasted red pepper and gem lettuce with chips	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Sandwich - Wookey Hole Aged Cheddar cheese and Henry's relish	N	N	N	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	
Bread Choices																											
Bread - Farmhouse White	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	M	M	M	Y	
Bread - Granary	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	M	M	M	Y	
Bread - St Martins Sourdough	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	M	M	M	Y	
Gluten Free Bread - Multi Grain	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Gluten Free Bread - White	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Desserts																											
Apple, cinnamon & sultana pie with custard or vanilla ice cream	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y	
Baked vanilla cheesecake, blueberry & lime compote, Vanilla ice cream SS	N	N	Y	N	N	Y	N	N	M	N	M	N	M	M	N	N	M	N	M	M	M	Y	N	Y	N	N	
Chocolate brownie with chocolate sauce and vanilla	N	N	Y	N	N	Y	N	N	M	N	Y	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	
Chocolate, coconut and mixed nut tart with mango sorbet SS	N	N	N	N	N	M	N	N	N	N	Y	N	Y	Y	N	Y	Y	N	M	M	Y	N	N	N	N	N	
Home made sticky toffee pudding, rich toffee sauce, vanilla ice cream SS	M	N	Y	N	N	Y	N	M	M	M	M	N	M	N	N	N	N	N	N	N	N	M	M	M	M	M	
Raspberry & white chocolate roulade with fresh raspberries, pouring cream SS	N	N	Y	N	N	Y	N	N	M	N	Y	N	M	M	N	N	M	N	M	N	M	N	N	N	N	N	
1 Scoop Ice cream	N	N	Y	N	N	Y	N	N	M	N	Y	N	M	N	N	N	N	N	N	N	N	Y	N	N	N	Y	
2 Scoop Ice Cream	N	N	Y	N	N	Y	N	N	M	N	Y	N	M	N	N	N	N	N	N	N	N	Y	N	N	N	Y	
3 Scoop Ice Cream	N	N	Y	N	N	Y	N	N	M	N	Y	N	M	N	N	N	N	N	N	N	N	Y	N	N	N	Y	
Key																											
Y - Does Contain																											
M - May Contain																											
N - Does not contain																											

IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE PLEASE LET US KNOW BEFORE ORDERING.

Although we take all reasonable precautions to prevent cross contamination of allergens, this is not always possible as we handle and prepare a variety of open foods that contain allergens.